

NBC 50 - what to bring with you

You are welcome to come for the whole day, or either for the morning or the afternoon session. We ask you to please observe the start times however.

In addition to your lovely self, please bring:

- own breakfast, if required, for the early morning session
- your own mug and water bottle
- vegan/vegetarian food to share for lunch
- your own garden chair if possible
- something for the Dharma Bring & Buy Sale - go on have a rummage!